



COMMONWEALTH of VIRGINIA

DEPARTMENT OF EDUCATION

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SNP Memo #07-08-16

To: Directors, Supervisors, and Contact Persons
School Nutrition Programs

From: Lynne A. Fellin, Acting Director
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Date: December 5, 2007

SUBJECT: NFSMI Resources for Meeting Students' Special Dietary Needs

The National Food Service Management Institute (NFSMI) published the technical assistance handbook, *Meeting Children's Special Food and Nutrition Needs in Child Nutrition Programs* last spring. The handbook provides information designed to assist school nutrition directors and managers with meeting students' special dietary needs. The handbook is a companion to the USDA Guidance manual, *Accommodating Children with Special Dietary Needs in the School Nutrition Programs* and the NFSMI satellite seminar broadcast in April 2007.

NFSMI also developed a Breakfast Lunch Training (BLT) Module, *Meeting Children's Special Food and Nutrition Needs in Child Nutrition Programs* to (1) help food service assistants understand and apply the laws and regulations that require accommodations for children with special food and nutrition needs and (2) familiarize the food service assistants with special needs frequently seen in schools, including diabetes, food allergies, and inborn errors of metabolism. The four lessons are designed to be taught in approximately 30 minutes. Each lesson contains a pre- and post-assessment, talking points and presentation slides for the instructor, activities, video, and fact sheets.

The handbook can be downloaded from the NFSMI Web site:

http://www.nfsmi.org/Information/sp_needs_handbk.pdf

The BLT can be downloaded from the NFSMI Web site:

http://www.nfsmi.org/Information/special_food_and_nutrition_needs/index.html